

# Myers-Briggs & Enneagram

**!!! COPY THIS TO YOUR ACCOUNT TO USE !!!**

I'm sharing this information with you because the Meyers-Briggs and the Enneagram are my two favorite personality typing assessments to create characters. How I use these two systems is like this:

1. Think about the general personality of your character. Just make up some basic details to help you narrow down your selection.
2. Find the closest personality type in the Meyers-Briggs. I've only provided links because there is A LOT of information to sort through.
3. Once you have all the information you want/need for your character, use the guide at the bottom of the character profile sheet to help you find the most relevant Enneagram type.
4. Now use the Meyers-Briggs to help you understand how your character will react in different situations or how he will move through life and interact with other people.
5. Use the Enneagram to help you nail down how the the character will react emotionally to the obstacles and situations you throw them into.

If you're thinking that you're character is going to be super unique and not like the others, I promise it's not. These personality typing tests exist for a reason. You don't need to pigeon-hole yourself, but these are great guides to help characters feel real/genuine to your readers.

# Myers-Briggs & Enneagram

## **The Architect**

<https://www.16personalities.com/intj-personality>

## **The Logician**

<https://www.16personalities.com/intp-personality>

## **The Commander**

<https://www.16personalities.com/entj-personality>

## **The Debater**

<https://www.16personalities.com/entp-personality>

## **The Advocate**

<https://www.16personalities.com/infj-personality>

## **The Mediator**

<https://www.16personalities.com/infp-personality>

## **The Protagonist**

<https://www.16personalities.com/enfj-personality>

## **The Campaigner**

<https://www.16personalities.com/enfp-personality>

## **The Logistician**

<https://www.16personalities.com/istj-personality>

## **The Defender**

<https://www.16personalities.com/isfj-personality>

## **The Executive**

<https://www.16personalities.com/estj-personality>

## **The Consul**

<https://www.16personalities.com/esfj-personality>

## **The Virtuoso**

<https://www.16personalities.com/istp-personality>

## **The Adventurer**

<https://www.16personalities.com/isfp-personality>

## **The Entrepreneur**

<https://www.16personalities.com/estp-personality>

## **The Entertainer**

<https://www.16personalities.com/esfp-personality>

# Myers-Briggs & Enneagram

## **Enneagram Type 1: Idealist**

Type Ones seek moralistic behavior and reform. They are naturally positive, determined people, with a heart for helping others. They make great lawyers, judges, and social workers. Perfectionistic, Ethical, Motivated

### **Basic Desire**

To be good and honorable

### **Basic Fear**

Being unethical or immoral

### **Communication Style**

Ones appreciate punctuality, honesty, and being taken seriously. When communicating with a type one, be sure to remain positive and clear, allowing them to share thoughts and ideas.

### **Wings**

An Enneagram type One with a Two or Nine wing primarily shows the characteristics of a type One, but shares a few with the Nine or Two type, as well. Click to learn more about One wings: [1w2](#) and [1w9](#).

## **Enneagram Type 2: Caregiver**

Type Twos seek love and affection from others. They are emotional-thinkers and hard workers. They make great counselors, nurses, non-profit leaders, and teachers. Helpful, Generous, Warm-hearted

### **Basic Desire**

To be loved completely

### **Basic Fear**

Being unworthy of love

### **Communication Style**

Twos need attention and encouragement; share ways in which they can offer support while thanking them for their hard work.

### **Wings**

An Enneagram type Two with a One or Three wing primarily shows the characteristics of a type Two, but shares a few with the One or Three type, as well. Click to learn more about Two wings: [2w1](#) and [2w3](#).

## **Enneagram Type 3: Performer**

Type Threes want to achieve great things and receive affirmation from others. They are charismatic and adaptable, preferring to follow a plan of action. They work well as consultants, marketing experts, analysts, and politicians. Charming, Ambitious, Energetic

### **Basic Desire**

To be worthy and important

### **Basic Fear**

Being insignificant or useless

### **Communication Style**

Threes prefer straightforward, honest communication; help them to feel valued and offer them specific tasks or goals.

### **Wings**

An Enneagram type Three with a Two or Four wing primarily shows the characteristics of a type Three, but shares a few with the Two or Four type, as well. Click to learn more about Three wings: [3w2](#) and [3w4](#).

<https://www.crystalknows.com/personalities/blog/16-personality-vs-enneagram>

<https://enneagramexplained.com/the-most-common-enneagram-types-for-each-myers-briggs-type/>

# Myers-Briggs & Enneagram

## **Enneagram Type 4: Creative**

Type Fours seek individuality and authenticity from themselves and others. They are expressive, sensitive souls with a passion for various art forms. They make great writers, designers, actors, and artists. Creative, Dramatic, Self-aware

### **Basic Desire**

To be authentically themselves

### **Basic Fear**

Having no personal identity

### **Communication Style**

Fours need emotional understanding and recognition of their personal identity; encourage their creativity and allow them space to recharge.

### **Wings**

An Enneagram type Four with a Three or Five wing primarily shows the characteristics of a type Four, but shares a few with the Three or Five type, as well. Click to learn more about Four wings: [4w3](#) and [4w5](#).

## **Enneagram Type 5: Thinker**

Type Fives want to feel handy and valuable. They prefer to be by themselves and are excellent deep-thinkers. They make great engineers, scientists, and scholars. Introspective, Thoughtful, Curious

### **Basic Desire**

To be useful and helpful

### **Basic Fear**

Being incompetent or unskilled

### **Communication Style**

Fives need plenty of time to themselves; appreciate their knowledge, express yourself logically, and ask direct questions.

### **Wings**

An Enneagram type Five with a Four or Six wing primarily shows the characteristics of a type Five, but shares a few with the Four or Six type, as well. Click to learn more about Five wings: [5w4](#) and [5w6](#).

## **Enneagram Type 6: Loyalist**

Type Sixes seek safety and consistency. They are trustworthy and make reliable decisions. They perform well as bankers, professors, nurses, and consultants. Loyal, Cautious, Responsible

### **Basic Desire**

To be stable and secure

### **Basic Fear**

Losing their security and support

### **Communication Style**

Sixes need to feel safe to express themselves; be supportive, direct, and appreciative of their logical decision-making.

### **Wings**

An Enneagram type Six with a Five or Seven wing primarily shows the characteristics of a type Six, but shares a few with the Five or Seven type, as well. Click to learn more about Six wings: [6w5](#) and [6w7](#).

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# Myers-Briggs & Enneagram

## **Enneagram Type 7: Adventurer**

Type Sevens want to feel like they're living life to the fullest and experiencing all the world has to offer them. They are outgoing and spontaneous with a passion for action. They thrive as travel agents, designers, photographers, and writers. Adventurous, Fun, Practical

### **Basic Desire**

To be fulfilled and happy

### **Basic Fear**

Missing out on an opportunity or being deprived

### **Communication Style**

Sevens appreciate a positive, open-minded attitude; build a personal connection with them and listen intently to their out-of-the-box ideas.

### **Wings**

Wings are a helpful way to delve deeper into personality. An Enneagram type Seven with a Six or Eight wing primarily shows the characteristics of a type Seven, but shares a few with the Six or Eight type, as well. Click to learn more about Seven wings: [7w6](#) and [7w8](#).

## **Enneagram Type 8: Protector**

Type Eights want to feel like they have control of their own fate. They are strong, attention-commanding leaders, skilled in quick, effective decision-making. They excel as lawyers, advisors, directors, and sales experts. Assertive, Confident, Protective

### **Basic Desire**

To be free, in control, and protected

### **Basic Fear**

Being controlled or hurt

### **Communication Style**

Eights want direct communication from others; be forward, logical, and strong when expressing thoughts and ideas with them.

### **Wings**

An Enneagram type Eight with a Seven or Nine wing primarily shows the characteristics of a type Eight, but shares a few with the Seven or Nine type, as well. Click to learn more about Eight wings: [8w7](#) and [8w9](#).

## **Enneagram Type 9: Peacekeeper**

Type Nines seek to feel safe, comfortable, and at peace with themselves. They are adaptable and agreeable teammates, dedicated to considering multiple perspectives. They shine as counselors, doctors, diplomats, and religious workers. Peaceful, Adaptable, Optimistic

### **Basic Desire**

To be at peace and stable

### **Basic Fear**

Being separated from the world

### **Communication Style**

Nines prefer peaceful interactions; encourage nines to share their own thoughts and listen attentively, offering support and sharing feedback thoughtfully.

### **Wings**

An Enneagram type Nine with an Eight or One wing primarily shows the characteristics of a type Nine, but shares a few with the Eight or One type, as well. Click to learn more about Nine wings: [9w8](#) and [9w1](#).

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